

## *Coaching techniques*

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Lead your team to discover their potential and successful behaviors

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**Targets:** How to lead people to be successful

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**Beneficiaries:** All managerial levels - Human Resources Development Managers

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**Programma:**

- Differences between Training and Coaching
- Purposes of Coaching
- The expression of the Potential
- The 4 Columns of Coaching:
  - 1) Motivation
  - 2) Awareness of one's potential and of effective and unsuccessful behaviors
  - 3) Self-confidence
  - 4) The Sense of Responsibility
- The Pygmalion Effect
- The Johari Window
- The 5 levels of the Feed-back
- The real tools of the Coach: the questions
- Strategic questions
- Conducting the Briefing and Debriefing phases effectively.

*During the seminar, participants will take part In individual and group exercises and simulations*